MAY CLASS TIMETABLE…. 

⭐️BOOKING ESSENTIAL FOR ALL IN PERSON CLASSES

A blend of online, garden & studio classes

|  |  |  |  |
| --- | --- | --- | --- |
|  Day | Morning  | Afternoon  |  Evening  |
|  MON |  09.30 -10.30 LIVE ONLINE  |  |  |
|  TUES | 09.30 -10.30 **🌸GARDEN YOGA**  |  | 18.o0 -19.00 🌸 **GARDEN YOGA**  with Alison |
|  WEDS | 09.30 -10.30🌸 **GARDEN YOGA**  With Natalie | 13.30 -14.30🌸 **GARDEN YOGA** | 18.00 -19.00 **🌸 GARDEN YOGA**  |
|  THURS  |  |  | 18.30 – 19.30 LIVE ONLINE |
|  FRI | 09.30 -10.30**🌸GARDEN YOGA**   |  |  |
|   SAT  |  🪁 Pop Up  Classes  | - watch out for details |  |

🙏ONLINE SUBSCRIPTION WILL CONTINUE DURING MAY BUT JUST 2 LIVE SESSIONS A WEEK…£10 Subscription.

🌸 6, WEATHER DEPENDENT, GARDEN CLASSES …. (CANCELLED 2 HOURS BEFOREHAND IF WEATHER IS INCLEMENT.)

🧘‍♀️ **STUDIO CLASSES SHOULD BE RESUMING ON MAY 17th** – as pre-lockdown, unless people prefer to stay outdoors.

PRICES - £68 BLOCK OF 7 CLASSES or £10 A CLASS

**TEL** 07776238904 **EMAIL** karen.yoga@gmail.com or contact me through facebook /messenger & instagram.